

DEFINE YOUR PURPOSE

STEP 1

Call 5 to 6 close friends and family members. Ask each of them what they think you are good at. Write those answers down.

STEP 2

Step 2: Write down a list of 10 things (yes, you can find 10) that you think you're good at. Make sure at least 5 of them are things you enjoy a lot and can stand by emotionally; things that make you feel good.

A Venn diagram with two overlapping purple circles. Each circle contains several horizontal lines for writing. A yellow arrow points from Step 1 to the left circle, and another yellow arrow points from Step 2 to the right circle. A third yellow arrow points from the intersection of the two circles down towards Step 4.

STEP 3

Do a comparative analysis between what your friends and family think you're good at, and your beliefs about what you're good at.

STEP 4

Bring both lists together by matching ones that are the same or similar. Recount.

STEP 5

From what you have, pick out all of the ones you can do easily. Choose your top 3.

STEP 6

Using those 3, do some research and find out if there is a market for your skill, or talent.

STEP 7

Pick one. If any of the two remaining talents can be integrated with your final choice determine how you will use it. If it works add it, if it requires extra work put it on the back burner.

MY PURPOSE IS: